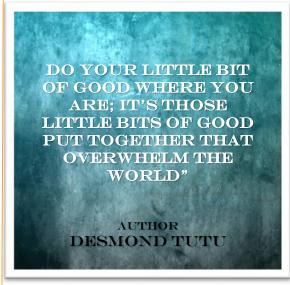
## Enjoy late fall in our State Parks





COMMONHEALTH CONNECTIONS

## **Healthy habits**

DO YOUR BEST TO STAY WELL BY TAKING CARE OF YOURSELF FIRST AND FOREMOST





FIND YOUR NEW FAVORITE SNACK